

2020-21

NORTH SCHUYLKILL  
ATHLETIC DEPARTMENT

PARENT

&

STUDENT-ATHLETE HANDBOOK

Dear Parent, Guardian, or Student-Athlete:

Welcome to North Schuylkill Athletics! We hope this handbook proves to be informative and assists you in making your athletic experience a positive one.

The athletic program at North Schuylkill is based on the philosophy of putting “student-athletes first and winning second”. Student-athletes will learn teamwork, discipline, and group responsibility. They will also learn to appropriately deal with success and overcome adversity. Research proves that those who participate in extra-curricular activities tend to attain better grades and have fewer discipline problems than those who do not participate.

Throughout this handbook, you will notice references to your “student-athlete”, rather than your “athlete”. That is solely due to our belief that your children are students first, and the privilege of athletic participation is secondary, although still an integral part of their total educational experience.

The following are some key statistics to keep in the back of your mind:

1. There are over 1 million high school football players and 1 million high school basketball players in the United States. Of those 1 million, only 250 players make it to the NFL, and only 50 make it to the NBA.
2. The odds of a high school football player being selected to play for an NFL team are about 6,000 to 1
3. The odds of playing in the NBA are even greater.
4. The NCAA is made up of 977 schools classified in three divisions, and less than 25,000 student-athletes compete for NCAA titles annually, most of whom ARE NOT on athletic scholarships

It is for these aforementioned reasons that it is extremely important to focus on your child’s academic success.

This handbook is provided to assist you and your child throughout their North Schuylkill athletic career. Please take the time to read each section. When finished, please sign the back page stating that you and the student-athlete have read the handbook, and understand what is contained within. We wish you the best of luck during the upcoming school year.

Sincerely,

James Gross

Athletic Director

## Section I.

### Introduction

1) To the parent:

This material is presented to you because your son or daughter has indicated a desire to participate in interscholastic athletics and you have expressed your willingness to permit him/her to compete. Your family interest in this important component of our schools' educational process is gratifying. We believe that participation in sports provides a wealth of opportunities and experiences which assist students in personal adjustments and preparing for life's many challenges.

We are concerned with the educational development of boys and girls through athletics and feel that a properly controlled, well-organized sports interscholastic program can meet students' needs for self-expression, social, mental, and physical growth. It is our intent to conduct a program that is educationally sound in purpose and will enhance each student's personal growth.

A student who elects to participate in our interscholastic athletics program is voluntarily making a choice of self-discipline and self-denial. These are the reason we place such stress on good training habits. Failure to comply with the rules of training and conduct means possible exclusion from the team or squad, as interscholastic athletic participation is a privilege, rather than a right. The concept of self-discipline and self-denial is tempered by our responsibility to recognize the rights of the individual within the objectives of the team. There is no place in high school athletics for students who will not discipline their minds and bodies for rigorous competition. We are striving for excellence and do not want our student-athletes to compromise with mediocrity or unsportsmanlike behavior.

When your son/daughter signed up for one of our sports programs, he/she committed our staff to certain responsibilities and obligations which include:

- a) To provide adequate equipment and facilities
- b) To provide well-trained coaches
- c) To provide equalized contests with skilled officials

Likewise, we feel that you have committed yourselves to certain responsibilities and obligations, which will be reviewed throughout the handbook, and reinforced as necessary throughout the season.

It is a role of the Athletic Department to make and enforce rules that govern the spirit of competition for the school. These rules need a broad basis of community support, which is achieved only through communication to the parent. It is our hope to accomplish this objective through not only this publication, but various others that will be shared with you throughout the season.

2) To the student-athlete:

Being a member of a North Schuylkill Athletic team is a fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great athletic tradition is not built overnight; it takes the hard work of many people over many years. As a member of a North Schuylkill interscholastic team, you have inherited a wonderful tradition which you are challenged to uphold.

Our tradition has been to win with honor and practice good sportsmanship at all times. We desire to win, but only with honor to our student-athletes, our school, and our community. Such a tradition is worthy of the best efforts of all concerned. Over many years, our teams have achieved more than their share of League, District, and State Championships. Many individuals have set records, and achieved All-League, All-Area, and All-State honors.

It will not be easy to contribute to such a great athletic tradition. When you wear the red and blue, we assume that you not only understand our traditions, but also are willing to assume the responsibilities that go with them. However, the contributions you make should be satisfying accomplishment to you and your family.

- a) Responsibility to Yourself: The most important of these responsibilities is to broaden and develop strength of character. You owe it to yourself to derive the greatest benefit from your high school experiences. Your academic studies, your participation in extracurricular activities as well in sports, prepares you for life as an adult
- b) Responsibility to Your School: Another responsibility to assume as a team member is to your school. North Schuylkill cannot maintain its reputation of having an outstanding school unless you do your best in the activity in which you engage and be true ambassadors of the school. By participating in interscholastic athletics to the maximum of your ability, you are contributing to the reputation of North Schuylkill.

- c) Responsibility to Others: As a team member, you also bear a heavy responsibility to your home. If you never give your parents anything to be ashamed of, you will have measured up to the ideal. When you know in your heart that you have lived up to all of the training rules, that you have practiced to the best of your ability every day, and that you have played the game “all out”, leaving it all on the field or court, you can keep your self-respect and your family can be justly proud of you.

The younger students in the North Schuylkill School District are watching you. They will copy you in many ways. Do not do anything to let them down. Set a good example for them and be outstanding role models.

## **Section II.** – North Schuylkill School District Athletic Department Mission Statement

The fundamental purpose of the extracurricular and athletic programs in the North Schuylkill School District is to promote the physical, mental, social, emotional, and moral well being of its participants. It is hoped that these programs will be a positive force in preparing our youth for an enriching and critical role in American life. The extracurricular and athletic programs are an important and integral part of the total school program and are open to participation by all students, regardless of individual differences. Through voluntary participation, the participant gives time, energy, and loyalty to the program.

In order to contribute to the welfare of his/her event, the participant must be willing to accept the training rules, regulations, and responsibilities, which are unique to an extracurricular or athletic program. It should be clearly understood that the same standard of behavior and discipline for the regular student shall also apply to the extracurricular/athletic student participation, and any violation of the “Student Code of Conduct” may result in forfeiture of the privilege of participating in a North Schuylkill extracurricular or athletic program.

## **Section III.** – Governance

- 1) The National Federation of State High School Associations (NFHS)  
The NFHS consists of the fifty-one individual state high school associations and/or activities associations. The purpose of the NFHS are to serve, protect, and enhance the interstate activity interests of the high schools belonging to state associations; to assist in those activities of the state associations which can best be operated on a nationwide scale; to sponsor meetings, publications, and activities which will permit

each state association to profit by the experience of all other member associations, and to coordinate the work to minimize duplication.

The NFHS is both a service and a regulatory agency. The growth and influence of state associations and the NFHS ensures some degree of team work on the part of of more than 20,500 schools and enables them to formulate policies for the improvement of interscholastic activities.

2) The Pennsylvania Interscholastic Athletic Association (PIAA)

All schools are voluntary members of the PIAA and compete only with member schools. As a member school district, North Schuylkill School District agrees to abide by and enforce all rules and regulations promulgated by this association.

The primary role of the PIAA is to maintain rules and regulations that ensure equity in competition for the student-athletes and a balance with other educational programs. The PIAA solicits input and is responsive to requests for rule modifications from member schools, District committees, and coaches' associations.

The PIAA attempts to enforce such rules that assure the greatest good for the greatest number and to ensure that competition is conducted in an appropriate manner.

3) The Schuylkill County Interscholastic Athletic League

North Schuylkill is a voluntary member of the Schuylkill League, which was established for the primary purpose of promoting interscholastic activities among member schools and the assurance that such advantages as may be gained by a union of effort.

The Schuylkill County Interscholastic Athletic League was established to encourage member schools to improve their interscholastic programs. The League membership facilitates the arranging of schedules, equalizing competition, and conduction league championship tournaments and meets. The League provides North Schuylkill School District the opportunity for competition without excessive travel, and with schools of similar size and athletic philosophy. Membership implies abiding by League schedules, rules, and regulations.

Member schools include:

- |                     |                       |                     |
|---------------------|-----------------------|---------------------|
| 1. Blue Mountain    | 9. Nativity B.V.M.    | 17. Tamaqua Area    |
| 2. Halifax          | 10. North Schuylkill  | 18. Tri Valley      |
| 3. Jim Thorpe       | 11. Lourdes Regional  | 19. Upper Dauphin   |
| 4. Lehighon         | 12. Panther Valley    | 20. Weatherly Area  |
| 5. Mahanoy Area     | 13. Pine Grove Area   | 21. Williams Valley |
| 6. Marian Catholic  | 14. Pottsville Area   |                     |
| 7. Millersburg Area | 15. Schuylkill Haven  |                     |
| 8. Minersville Area | 16. Shenandoah Valley |                     |

4) PIAA rules

(Please visit [www.piaa.org](http://www.piaa.org) for pertinent state regulations)

To be eligible for interscholastic athletics, a high school student must meet the following state regulations:

- a) Enrollment
- b) Age
- c) Physical Examinations
- d) Seasons of Completion
- e) Semesters of Enrollment
- f) Residency Requirements
- g) Transfers
- h) Guardianship
- i) Awards
- j) Amateur Practices
- k) Participation on Independent Teams
- l) Recruiting

**Section IV** – Requirements for Participation

1) Physical Examination:

A yearly physical examination is required and cannot be conducted prior to June 1<sup>st</sup>. The Physical Examination and Emergency Contact Information Forms must be completed by the parent and physician, then submitted to the Athletic Trainer prior to participation. The examination covers all sports for the entire school year,

provided it was administered after June 1<sup>st</sup>. The form will be kept on file in the Athletic Trainer's office.

- 2) Acknowledgment of the Student Code of Conduct and Drug Testing Forms:  
Each parent or guardian and student-athlete must read the entire Code of Conduct and Drug Testing forms, then complete and return the last page to the Athletic Trainer before participation.
  
- 3) Scholastic Eligibility Requirements  
In order to participate on a North Schuylkill School District Athletic Team, each student-athlete must have satisfied all of the scholastic eligibility requirements established by the PIAA and the North Schuylkill School District. PIAA requirements can be found at [www.piaa.org](http://www.piaa.org)
  
- 4) Risk of Participation:  
All student-athletes and parents must realize the risk of serious injury, which may be a result of athletic participation. Student-athletes and parents should be aware that participating in athletics, the student-athlete is exposing themselves to the risk of serious injury, including but not limited to: risk of sprains, fractures, ligament and/or cartilage damage which could result in temporary or permanent, partial, or complete impairment in the use of limbs, brain damage, paralysis, or even death. The North Schuylkill School District encourages student-athletes, in all sports, and their parents, to discuss the risks and minimization of risks with coaches and school administrators.
  
- 5) Equipment and Financial Obligations  
All student-athletes are responsible for the proper care and security of equipment issued to them. Student-Athletes who fail to return all equipment or who return equipment in poor condition due to neglect will be invoiced the cost to "replace" the equipment. A hold will be placed on student records and student-athletes will not be issued equipment for another sport until their obligations are met.

Most equipment is provided by the North Schuylkill School District. Examples of equipment that is not furnished and will be the responsibility of the student athlete include:

- a) Sneakers or Spikes/Cleats
- b) Undergarments (Sports Bras, Jock Straps, etc.)
- c) Socks

d) Duffel Bags

Other financial obligations that a family may encounter but are NOT requirements for participation include, but are not limited to (please note that booster organizations often times assess funds to help off-set team costs)

- a) Sport Camp/Off season Training Fees
- b) Team Spirit Apparel or Accessories
- c) Refreshments for Team Members
- d) Special Team Building Events
- e) Special Equipment deemed more appropriate by the student-athlete

**Section V.** - North Schuylkill School District Chain of Command

In the North Schuylkill Athletic Department, the following chain of command is exercised:

School Board  
Superintendent  
Principal  
Athletic Director  
Head Coach  
Assistant Coach(es)  
Volunteer Coach(es)

If there are questions or concerns involving some aspect of our athletic program, the student-athlete should first contact the appropriate coach. If there was no resolution, he or she would then share their concern with the head coach of the program, etc. The first line of contact for parents should be with level-appropriate and then the head coach of the program, if necessary.

## **Section VI** – Parent / Student-Athlete / Coach Relationship

Both parenting and coaching are extremely different vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to children. As parents, when your children become involved in our athletic program(s), you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program. Please understand that participation in sports is a privilege, NOT a legal right.

### **Communication you should expect from your child's coach:**

1. Expectations the coach has for your child as well as all of the other players on the team.
2. Locations and times of all practices and contests
3. Team requirements, i.e., practices, special equipment, conditioning exercises
4. Disciplinary actions that may result in the denial of your child's privilege to participate.

### **Communications coaches expect from parents:**

1. Concerns expressed directly to the coach
2. Advance notice of any situations that may hinder participation in practice and/or games.

As your child becomes involved in the programs at North Schuylkill School District, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times, discussion with the coach is encouraged.

### **Appropriate concerns to discuss with coaches:**

1. Treatment of your child
2. Improving your child's athletic performance
3. Educational performance related to Athletic Eligibility

At times it may be difficult to accept your child's limited playing opportunities. Please remember that coaches are professionals. They make decisions based on what they believe to be in the best interest of all students involved. As you have seen from the list above, certain things can and should be discussed with your child's coach. Other things, such as those listed below, must be left to the discretion of the coach.

Issues NOT appropriate to discuss with coaches:

1. Playing time
2. Team Strategy
3. Other student-athletes

\*\* All concerns pertaining to the eligibility or policies of home school or charter school student-athletes and requests for accommodation under Section 504/Chapter 15 should be directed to the Athletic Director.

Sometimes there are situations that may require a conference between the coach and the parent. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures must be followed in an effort to promote a resolution to the issue of concern.

If there is a concern with a coach:

1. Please encourage your child to speak directly with the coach.
2. Call the coach to set up an appointment.
3. If the coach cannot be reached, call the athletic office at (570) 874-0495 ext. 2113 to assist you in arranging a meeting.
4. Please **DO NOT** attempt to confront a coach before or after a contest or game. These can be highly emotional times for both the parent and the coach. Meetings of this nature rarely promote resolution.
5. If the meeting with the coach did not provide satisfactory resolution, call and set up an appointment with the Athletic Director and/or Principal to discuss the situation.

\*\*\*Please note that the Athletic Director, Principal, or Superintendent will not schedule a meeting until a meeting between the coach and parent/student-athlete has been conducted, unless the concern involves unlawful discrimination or harassment on the part of the coach.

### **Section VII.-** Student-Athlete Discipline During the School Day

Expectations of our student-athletes remain high, not only during practices and contests, but also during the school day. We expect our student-athletes to be model students and leaders of their peers.

In the event a student-athlete has violated our Code of Conduct policy and subsequently has earned a Detention, In-School Suspension, or Out-of-School Suspension, the following guidelines apply:

1. Detention- Student-Athletes are not to be excused from detention nor are they to be dismissed early because of practices or contests. Once detention has been served, the student-athlete should report directly to their coach who will administer any consequence for violations of team rules, if applicable.
2. Suspension (in-school or out-of-school)- the student-athlete will be suspended from practice/games during the exclusionary period. He/she becomes eligible the next calendar day immediately following the last day of exclusion. If multiple days occur for exclusion, the athlete is ineligible until the exclusion is completed.

### **Section VIII.** –

Responsibilities of a Student-Athlete:

1. The teams' goals, welfare, and success must come before any individual.
2. A student-athlete needs to consistently attend practice sessions, including weekends and holidays.
3. A player must be receptive to coaching.
4. Student-athletes are responsible for all issued uniforms and equipment.
5. As a member of a team, a student-athlete must agree to, and follow all team rules. Student-athletes need to remember that they are ambassadors and represent not only themselves, but also their parents, their coaching staff, their school, and their community.
6. If injured, a student-athlete must report all injuries to their coach, and most importantly, the Athletic Trainer.

Responsibilities of a Coach:

1. The selection of team members
2. The determination of style of play, including offensive and defensive philosophies and strategies.
3. The teaching and instruction at practice sessions.
4. The determination of starting line-ups and how long a student-athlete plays in a contest.
5. The determination of who plays in what position

6. The establishment, documentation, review, and enforcement of team rules.
7. The selection of team captains (if applicable).
8. The communication with student-athletes and their parents with respect to when practice sessions will be held, including what time they will start and finish.

### **Section IX.-** Tryouts / Making Cuts

While our ultimate goal is to promote the greatest amount of athletic participation possible in the North Schuylkill School District, it may be necessary in some sports to hold tryouts and possibly make cuts. This may occur due to limitations of our facilities or resources, regulations specific to some sports, travel restrictions, etc.

Every coach has the responsibility and authority for selecting his or her team. The criterion for selecting the team is developed by the coach well in advance of the tryouts. The coach will be able to provide you with what is required for your specific sport.

It is important to remember that there are no guarantees. Having been a member of a team the previous year or being a senior does not ensure a roster spot on the team the following year.

Parents should expect that every candidate is treated fairly, objectively, and given every consideration. Coaches are sensitive to feelings of disappointment and will handle the daunting task of making cuts as positively as possible, and will be available to address any questions the student-athlete may have.

Anyone who is cut from a team during one season may try out for another team during that same season, so long as tryouts have not concluded and roster spots are still available.

### **Section X.** – Purpose of Sub-Varsity Teams:

Sub-Varsity teams exist to provide student-athletes, who are unable to participate on the Varsity level, the opportunity to develop skills and gain experience. While the student-athlete's age, size, or skill level may be the limiting factor in not making the Varsity team, participation on a sub-varsity team may enhance the student-athlete's potential to make the Varsity team in the future.

However, being a member of a sub-varsity team, does not guarantee that a student-athlete will automatically move up to Varsity the following year. The student-athletes best suited for Varsity competition will make the squad each year.

Striving to win is important in high school athletics; however, compiling a great record or winning a championship should not be the primary objective of a Sub-Varsity team. The Schuylkill League and PIAA do not acknowledge Sub-Varsity Championships. The development of student-athletes and preparation for Varsity should be the ultimate goal of a Sub-Varsity team, while at the same time acknowledging the value of winning, learning, and enjoying being a member of a team.

### **Section XI.**- Transportation

A student participating in a sport and/or activity must travel to and from away events via District transportation. No athlete may drive to or from, or travel with another to or from any athletic event. Written exceptions to this would be extended when circumstances warrant, with 24 hour advance notice via a written note to the Head Coach. Please note that only a participant's parent or guardian may provide alternate transportation. Participants may not travel with anyone else's parents, unless they provide a note to the Head Coach from their own parent or guardian giving them permission. Athletes who miss the bus and arrive later to a contest may not participate in that contest unless the Head Coach previously approved the arrangement. Emergencies do occur, and a coach may have to use their better judgment.

### **Section XII.**- Athletic Training and Sports Medicine

Athletic Training is a vital part of our athletic department. We, at North Schuylkill, take the care and prevention of injuries very seriously. Currently, we operate with one (1) Certified Athletic Trainer who is responsible for our entire high school and junior high athletic program.

All athletic injuries should be reported, regardless of severity. This also holds for any type of illness you may have (flu, mono, skin infections, etc.) that could in any way affect your athletic performance or impact other members of your team. Student-athletes must report all athletic related injuries occurring at a home practice or game immediately to the athletic trainer. All injuries occurring at any off-campus location during a practice or game must be reported prior to any further athletic participation or within 24 hours.

This will allow us to make sure:

- All of your injuries are properly documented and covered by our athletic insurance policy

- You receive proper treatment, care, and rehabilitation of your injury. This will ensure you do not miss any practices or games, or the time you must miss is kept to an absolute minimum.
- You are referred to the correct type of physician (if necessary) and that you are seen in a timely manner.
- All proper referral procedures are followed to ensure the injury/illness is covered by insurance.

You should never see a doctor without at least consulting our Athletic Trainer first, unless it is an emergency situation. Injured students under a doctor's care will NOT be permitted to participate until a written consent release (either a release for a partial/restricted return or full unrestricted return) from a doctor is obtained and submitted to the Athletic Trainer. No verbal clearances via the student and/or parent will be accepted. A copy of the release will then be kept on file in the Athletic Trainer's office.

### **Section XIII.**- Practice Sessions & Games

Practice sessions are normally closed to spectators for the simple reason that these sessions are the equivalent of a teacher's classroom where there is a real, quality instruction taking place. Interruptions and distractions to a student-athlete's concentration and focus in practice cannot be allowed any more than it would be tolerated in an academic setting. Education, in any setting, should not be compromised.

In the North Schuylkill School District, practice sessions:

1. Within reason and PIAA rule, may last as long as the coach deems appropriate with prior communication.
2. May start and end at different times, due to facilities or schedules.
3. Will not be held when school is dismissed or cancelled due to inclement weather. Exceptions to this may be made by the administration if there is a drastic change for the better in the weather, and roads become safe to drive. In this case, practices would NOT be mandatory and strictly on a voluntary basis, and would only be for Varsity teams.
4. May be held on Saturdays and over holiday periods
5. May not begin any time before 12 pm on Sundays.

#### **Section XIV.** – School Issued Equipment

The Board of Directors of the North Schuylkill School District have gone to great lengths to ensure our student-athletes are equipped with safe and appropriate equipment. To that end, student-athletes have the responsibility to return all issued equipment, uniforms, etc., within one week after the last contest of the season.

Any student-athlete who does not return equipment will have their records put on hold until all obligations are met, and student-athletes will be invoiced the cost to replace all outstanding items. When a student's records are placed on hold, the student is not permitted to participate in another sport, maintain a valid parking permit, receive report cards, attend prom, or walk in graduation until all obligations are met. The North Schuylkill Athletic Department does NOT wish to receive money, and would rather have the equipment items returned, as finding replacement equipment is often times very difficult and very costly. Your cooperation with this matter is deeply appreciated.

#### **Section XV.** – Out-of-Season Participation

Please be advised that the North Schuylkill School District sponsors absolutely no out-of-season activities (i.e. summer camp participation, summer leagues, etc.). Any out-of-season activities are run independent of the North Schuylkill School District and thus, the District has no liability, no responsibility, and has no authority over activities that are NOT school sponsored.

#### **Section XVI.** – Event Postponements and Cancellations

During inclement weather, many phone calls are made between our school's athletic office and the opposing school's athletic office. Often times, the decision to postpone or cancel is not made until after 12:00 Noon. As soon as the decision is made, our coaching staff, the media, and our game workers are notified. If a postponement or cancellation occurs before the end of the school day, an announcement will be made, so the student-athletes are aware. The schedule will also be changed on-line.

If at all possible, please use the following resources to attain information on event postponements and cancellations:

1. Call the Athletic Office directly at (570) 874-0495 ext. 2113
2. The North Schuylkill Athletics Facebook page
3. By following NSAthletics1 on Twitter

4. You can also register for “Mobile Text Messages” or “Email Message” notifications by:
  - a) Go to <http://www.usatodayhss.com>
  - b) In the “Find your school” text box, type “North Schuylkill” and hit enter, or click on “Search”
  - c) At the top of page, click “Sign in”
  - d) This will take you to a “pop-up” screen where you will have the option of registering as a member. Click on “register”, complete the required fields, and click “register”.
  - e) Once you are registered, sign in and to the left of the page, click “Edit Account”
  - f) In the next screen, click on “Communications” in the blue menu bar about a quarter of the way down the screen.
  - g) Select our school in the left hand column to receive notifications for every team OR select only the teams in the right hand column which you desire to receive alerts about.
  - h) On the same page, at the bottom, please select what you want to receive alerts about, and how you would like to receive the alerts. If using a cellular phone to receive text alerts, enter your cell phone number. Once all fields are complete, click “Submit”.
  - i) You will now receive automatic notifications of postponements and cancellations sent to your email or mobile phone instantly, once the event is changed on the athletic department scheduling program.

**North Schuylkill School District**

**Athletic Offerings**

**2020-21**

**Fall Season**

**High School**

Football (JV and Varsity)

Boys' Soccer (JV and Varsity)

Girls' Soccer (JV and Varsity)

Boys' Cross Country (Varsity)

Cheerleading (Jr. High)

Girls Volleyball (JV and Varsity)

Coed Golf (JV and Varsity)

Cheerleading (JV and Varsity)

**Junior High**

Football (Jr. High)

Boys' Cross Country (Jr. High)

Girls' Cross Country (Jr. High)

Girls' Cross Country (Varsity)

**Winter Season**

**High School**

Boys' Basketball (JV and Varsity)

Girls' Basketball (JV and Varsity)

Wrestling (JV and Varsity)

Cheerleading (Bball)- (JV and Varsity)

Cheerleading (Wrestling)- (JH-Varsity)

Boys' Swimming & Diving

Girls' Swimming & Diving

**Junior High**

Boys' Basketball (7,8, and 9<sup>th</sup> grade teams)

Wrestling (Jr. High)

Cheerleading (Wrestling)- Jr. High

Girls Basketball (Jr. High)

**\*\* Swimming and Diving will also have team members from Tri Valley HS, as part of our cooperative agreement with their school.**

**Spring Season**

**High School**

Baseball (JV and Varsity)

Softball (JV and Varsity)

Boys' Track and Field (Varsity)

Girls' Track and Field (Varsity)

**Junior High**

Softball (Jr. High)

Boy's Track and Field (Jr. High)

Girls' Track and Field (Jr. High)

**Varsity** - Students in grades 9-12 are eligible

**JV** - Students in grades 9-12 are eligible

**Jr. High** - Students in grades 7-8 are eligible

Thank you for taking the time to read this Handbook. Knowing and understanding the requirements of our athletics program prior to participation will help create a positive experience for all those involved. We look forward to a tremendous season for each of our teams! Thank you for being part of the exceptional history of North Schuylkill Athletics!

**Parent/Guardian/Student Signature Required**

I have read all of the information in the 2020-21 Athletics Handbook and acknowledge its receipt.

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Student Name (Printed)

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Parent/Guardian Signature

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Student Signature

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Date

**This form must be completed each school year and participants may not practice until this form is on file with the Athletic Director.**